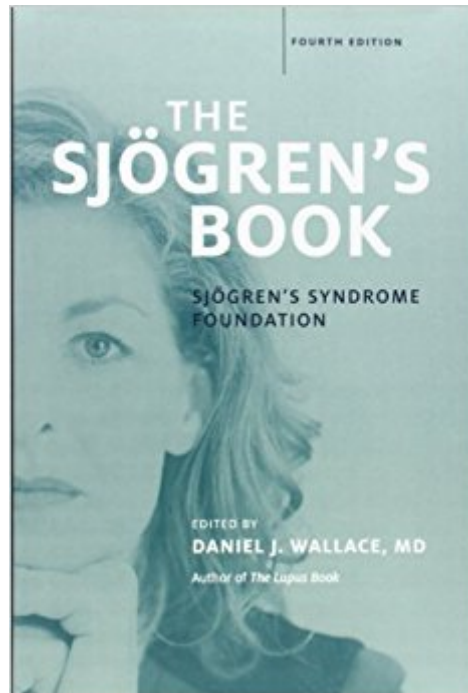




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The Sjogren's Book



Synopsis

Afflicting one in seventy Americans, Sjögren's syndrome is an autoimmune disease that commonly causes dryness of the eyes, mouth, and nose, and that can lead to complications including profound fatigue, depression, and lymphoma. While there is no cure for Sjögren's, much can be done to alleviate the suffering of patients. This extensively revised handbook offers everything you need to know to cope with this disease. The Sjögren's Book, Fourth Edition is a comprehensive and authoritative guide, produced by the Sjögren's Syndrome Foundation and its medical advisors and edited by physician Daniel J. Wallace, a leading authority on autoimmune disorders. This expanded edition provides readers with the best medical and practical information on this disorder, bringing together the current thinking about Sjögren's in an easily readable and understandable book, with an entirely new section on lifestyle issues aimed at improving the quality of life for Sjögren's sufferers. With more than thirty chapters written by leading experts, the handbook illuminates the major clinical aspects of the syndrome and is loaded with practical tips and advice. Indeed, it offers a wide-ranging look at the many faces of Sjögren's, covering diagnosis, the various organ systems that can be affected, the possible psychological problems, and the many treatment options, as well as a concluding chapter listing the web, print, and media resources available. It is a valuable aid that patients can use while discussing their illness with their physician and an excellent resource for family members. And because Sjögren's is greatly underdiagnosed, this handbook is a particularly valuable resource for healthcare professionals. Recognized as the bible for Sjögren's sufferers, this reliable and informative guide is the first place for patients to look when they have questions about this little known but serious chronic disease.

Book Information

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Customer Reviews

"The definitive resource on Sjogren's Syndrome-comprehensive, evidence-based, and covers the full spectrum from bench to bedside." --John H. Klippel, MD, President and CEO, Arthritis Foundation

"What a wonderful resource. This handbook will be of great value to people with Sjogren's Syndrome, to the clinicians who care for them, and to their family and friends. It addresses complex medical issues and challenging practical issues with equal clarity and thoroughness, and with genuine concern and compassion." --David Wofsy, MD, President, American College of Rheumatology; George A. Zimmerman Distinguished Professor of Rheumatology, University of California, San Francisco; Chief, Division of Rheumatology, VA Medical Center

"The Lupus Foundation of America, Inc. (LFA) commends Dr. Daniel Wallace for bringing the latest, medically sound information on Sjogren's Syndrome to individuals with the disease, including people with lupus. The revised edition of The New Sjogren's Syndrome Handbook is a must-read and we applaud the Sjogren's Syndrome Foundation for the quality and excellence of its content." --Sandra C. Raymond, President and CEO, Lupus Foundation of America, Inc.

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"Especially helpful to patients and family members is the section on quality of life issues including emotional responses, mind-body interactions, and ways to deal more effectively

with problems related to sexual activity, sleep, and issues related to surgery and vaccinations. A comprehensive guide for organizations, support groups and printed materials on Sjogren's syndrome was added to the book along with contact numbers and a grouping of select books on Sjogren's syndrome." -- Carol Ann Attwood, MLS, AHIP, CHIS, MPH, RN,C Mayo Clinic Arizona, Consumer and Patient Health Information Section

Daniel J. Wallace, MD, is a Clinical Professor of Medicine at the David Geffen School of Medicine at UCLA based at Cedars-Sinai Medical Center in Los Angeles. His many books include All About Fibromyalgia, All About Osteoarthritis (with Nancy Lane), and The Lupus Book.

I suffer from Sjogren's Syndrome - a chronic, debilitating illness. It is difficult to find information about this chronic disease. This book is excellent - answers all of my questions, and helps me to understand better the progression and symptoms of my disease, as well as how to alleviate some of the more disagreeable symptoms. I recommend this book to anyone suffering from Sjogren's.

This may be the definitive book on the subject of Sjogren's Syndrome, an autoimmune illness that can be incredibly destructive and disabling. Unlike other books on the topic, this one gets into the nuts and bolts of the scientific aspect of things, to a point that may be well over the heads of anyone but doctors and medical students, but it's still readable and understandable to everyone. You will still get a comprehensive overview if you skip the scientific parts. Highly recommended for anyone who really wants to understand what this syndrome can do to people beyond what the typical books and websites cover. Particularly recommended for med students and general practitioners/internists.

I suffer with the disease. First it started with dry eyes then dry mouth. At forty all my teeth had to be capped. Everyone did not know what was going on with me, until fifteen years later. At 55 I started having joint pain and I kept experiencing Carpal Tunnel disease in both hands. Four surgeries later, the tiredness was reaching chronic levels. Finally, at 57 I was diagnosed with Sjogren's. I am now 60 and experiencing fatigue, joint pain and sleepless nights. I bought this book and it answered everything I had been going through. I compared the treatments I am receiving from my Rheumatologist; he is prescribing medications that are used for RA, Lupus and osteoporosis. Sjogren's progresses into a combination of diseases. I have great doctors. I also suffer from Chronic Asthma. I don't feel sorry for myself and am still working a full time job. I found moving and going for walks help to relieve pain. This book is absolutely written for SS sufferers. I will keep it close for

reference.

I wish this were required reading for all medical professionals so they could watch their patients for symptoms of this autoimmune disease. People with primary (vs. secondary) Sjogren's are 44 times more likely to have a non-Hodgkins lymphoma. Yes, that's pretty shocking. Sjogren's is quite common, and many people just live with the inconvenience of dry mouth, or dry eyes, and more. They have no idea that they have Sjogren's. If people knew they had this, they could alter their diets, do everything to reduce inflammation, make regular check-up appointments with their PCP, and probably strengthen their immune system enough that they would not get the problems associated with Sjogren's. However, some symptom has to show up for a person to seek advice. That's one of those "which came first, the chicken or the egg" things. Or, a catch-22 thing. Once the lymphocytes infiltrate the gland and do their damage, there is no getting the functionality back. Sjogren's can do way more than damage moisture producing glands. It can potentially affect any organ and/or tissue of the body. Consider that blood is a tissue - it is - and Sjogren's can affect blood, too. To go on and on would only be to repeat what the book says. This is a serious disease, but as such is not fatal. However, if it gets out of control with the organs/systems/glands it can affect, the results could be fatal. This book gives people the educational tools they need to become healthier and stay that way. Yes, I have primary Sjogren's, with all salivary glands permanently enlarged, and, for you medical experts, biopsy results are a foci of 2. There are other areas of involvement. I'm doing what I recommend for others, especially going after inflammation. It's a must read, so read the book and spread the word.

Same as my other reviews of the books about Sjogren's, which I suffer from. Doctor's are not as educated about this autoimmune disease as they should be so we have to educate ourselves.

Would recommend this book for anybody searching for answers about Sjogren's.

Very thorough but perhaps too detailed for the average reader. However, for someone whose primary diagnosis is SS, this is a practical guide for symptoms as well as treatment, especially for those who want medical discussions of the disease as well as the accompanying autoimmune diseases. Authoritative resource for SS.

This is an excellent book for both Sjogren's patients and health care professionals alike. It covers more than any other single source that the common person will find, more than many other sources

combined. Like Lupus, Sjogren's doesn't present the same for its sufferers. It has many faces and serological and clinical facets. Patients that read The Sjogren's Book may be frustrated when they find their primary care doctor or rheumatologist doesn't know much of what is in this book. That has been my experience. Getting diagnosed is very hard to do unless your clinical and serological presentation lines up with the criteria guidelines and your rheumatologist or other doctor knows what he/she is looking at. More internists, rheumatologists, and primary care doctors need to read this book and open their minds a little.

I needed to update my 1998 version. There is lots of new info out there about SJS since 1998. It is amazing the changes in treatment and diagnosis since then. If you have or know someone who has Sjogren's this is a must have book. Share it with your care team. Very informative and full of excellent advice.

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The Sjogren's Book Autoimmune: The Cause and The Cure (This book identifies the cause & the cure for: Chronic Fatigue Syndrome, Fibromyalgia, Lupus, Rheumatoid Arthritis, Raynaud's, Rosacea, Myasthenia Gravis, Hashimoto's, Type 2 Diabetes, Multiple Sclerosis, Sjogren's, and more) The Sjogren's Syndrome Survival Guide The New Sjogren's Syndrome Handbook Understanding Sjogren's Syndrome Magical Unicorns and Fairies: Adult Coloring Book: Unicorn Coloring Book, Fairy Coloring Book, Fantasy Coloring Book, Fairies Coloring Book, Adult Coloring Book Nautical Guest Book (Hardcover), Visitors Book, Guest Comments Book, Vacation Home Guest Book, Beach House Guest Book, Visitor Comments Book, Seaside ... House, Parties, Events & Functions by the Sea Back to the 80s: 1980s Fads and Fashion Coloring Book: Adult Coloring Books Fashion, 80s Coloring Book, 1980s Coloring Book, Fashion Coloring Book ... Fashion Coloring Book for Adults) (Volume 1) Books for Kids: Am I White Or Black (A Great Children's Book About A Cool Stripy Cat, Bedtime Book, Ages 3-6, Preschool Book, Friendship book, Kids Book) "In Loving Memory" Funeral Guest Book, Memorial Guest Book, Condolence Book, Remembrance Book for Funerals or Wake, Memorial Service Guest Book: A ... the Family. Hard Cover with a Gloss Finish Cast Iron Cookware Recipes 4 Books in 1 Book Set - Cooking with Cast Iron Skillets (Book 1) Cast iron Cookbook (Book 2) Cooking with Cast Iron (Book 3) Paleo Cast Iron Skillet Recipes (Book 4) Birds: An Adult Coloring Book: Over 30 Fun Stress Relieving Illustrations of Birds, #1 Book For Your Inner Artist, mindful meditation coloring book, bird guide natural world coloring book Birds: An Adult Coloring Book: Travel Edition Size, Over 30 Fun Stress Relieving Illustrations of Birds, #1 Book For Your Inner Artist, mindful ... book, bird guide natural world coloring book ABC's for Boys

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